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POSITIONS

1988 - Present	Professor Morse Alumni Distinguished Teaching Professor Counseling Psychology Program (CSPP) Department of Educational Psychology University of Minnesota
2015-Present	Associate Member, Faculty in Professional Relations University of Stavanger, Norway
1992-2004	Graduate Program Coordinator and Training Director, CSPP
1985-1997 and 2000-2004	Director of Clinical Training, CSPP
1998	Visiting Professor, Nanyang Technological University, Singapore
1997	Visiting Professor, Kuwait University
1996	Visiting Professor, Center for Research in Clinical Psychology, University of Oslo, Norway
1985 - 1988	Professor, Social and Behavioral Sciences and Counseling and Student Personnel Psychology, University of Minnesota

1980 - 1985	Associate Professor, Social and Behavioral Sciences and Counseling and Student Personnel Psychology, University of Minnesota
1982 - 1983	Fulbright Professor of Counseling Psychology, Hacettepe University, Ankara, Turkey
1977 - 1980	Assistant Professor, Social and Behavioral Sciences, and Counseling and Student Personnel Psychology, University of Minnesota
1977	Acting Director, Counseling Psychology Program, University of Florida
1976 - 1977	Coordinator, Practicum and Intern Training, Counseling Psychology, University of Florida
1973 - 1977	Assistant Professor, Behavioral Studies, Psychology and Counselor Education, University of Florida
1973 - 1977	Staff Psychologist, University Counseling Center, University of Florida
1971 - 1973	Psychology Intern, Counseling Services, University of Missouri (APA-Approved)
1971	Counseling Intern, Testing and Counseling Center, University of New Hampshire
1970	Research Assistant, University of Missouri
1967 - 1969	Psychiatric Assistant, Department of Psychiatry, University of Chicago Hospital

PRACTITIONER POSITIONS

Over 16,000 hours of clinical practice, 1971-present

1985 – Present	Part-Time Practitioner, Maplewood Psychology, Maplewood, Minnesota
1979 - 2008	Consultant, Supervisor, and Practitioner, Counseling Clinic, Brooklyn Center, Minnesota

1973-1977 Practitioner, Vocational and Psychological Counseling Center ,
University of Florida

EDUCATION

B.A. 1966 St. Olaf College, Northfield, Minnesota
Major: History/Psychology

M.Ed. 1971 University of Missouri, Columbia, Missouri
Major: Counseling Psychology

Ph.D. 1974 University of Missouri, Columbia, Missouri
Major: Counseling Psychology (APA-Approved Program)
Joseph Johnston, Advisor

1971 - 1973 Psychology Internship, Counseling Services, University of
Missouri, Columbia, Missouri (APA-Approved Internship)

PROFESSIONAL PSYCHOLOGY CREDENTIALS

1977 Licensed Psychologist, Florida

1978--present Licensed Psychologist, Minnesota

1984--present Board Certified in Counseling Psychology, American Board of
Professional Psychology

BOOKS

Skovholt, T. M. and Trotter-Mathison, M. (to be published February, 2016).
*The resilient practitioner: Burnout and compassion fatigue prevention and self-care
strategies for the helping professions.* (3rd ed.) New York: Routledge.

Jennings, L. & Skovholt, T.M. (Eds.) (to be published in May, 2016). *Expertise in counseling
and therapy: Master therapist studies from around the world* . New York: Oxford
University Press.

Skovholt, T. M., & Jennings, L. (Eds.) (republished in May, 2016). *Master therapists:
Exploring expertise in therapy and counseling.* New York: Oxford University Press.
(Note: Preface and Epilog are additions to the 2004 publication)

- Rønnestad, M.H. and Skovholt, T. M. (2013). *The developing practitioner: Growth and stagnation of therapists and counselors*. New York: Routledge.
- Skovholt, T. M. (2012). *Becoming a therapist: On the path to mastery*. New York: John Wiley and Sons.
- Skovholt, T. M. and Trotter-Mathison, M. (2011). *The resilient practitioner: Burnout prevention and self-care strategies for therapists, counselors, teachers, and health professionals*. Second Edition. New York: Routledge.
- Trotter-Mathison, M., Koch, J., Sanger, S. and Skovholt, T. (2010). *Voices from the field: Defining moments in counselor and therapist development*. New York: Routledge
- Skovholt, T.M., & Rivers, D. (2007). *Helping skills and strategies*. Denver, CO: Love Publishing Co.
- Schank, J., & Skovholt, T.M. (2006). *Ethics in small communities: Challenges and rewards for psychologists*. Washington, DC: American Psychological Association.
- Skovholt, T. M., & Jennings, L. (Eds.) (2004). *Master therapists: Exploring expertise in therapy and counseling*. Boston, MA: Allyn & Bacon.
- Publication Award, Association for Counselor Education & Supervision
for *Master Therapists*
- Master Therapists* translated into Korean
- Skovholt, T. M., & Rivers, D. (2004). *Skills and strategies for the helping professions*. Denver, CO: Love Publishing Co.
- Skovholt, T. M. (2001). *The resilient practitioner: Burnout prevention and self-care strategies for therapists, counselors, teachers, and health professionals*. Boston, MA: Allyn & Bacon.
- The Resilient Practitioner* translated into Chinese, Korean and Japanese
- Skovholt, T. M., & Rønnestad, M. H. (1992, 1995). *The evolving professional self: Stages and themes in therapist and counselor development*. New York: John Wiley and Sons.
- Association for Counselor Education & Supervision Research Award for
The Evolving Professional Self

Bjorn Christensen Research Award for *The Evolving Professional Self*

Skovholt, T. M., Schauble, P.A., & Davis, R. (Eds.). (1980). *Counseling men*. Menlo Park, CA: Brooks-Cole.

PROFESSIONAL AWARDS, HONORS AND ACTIVITIES

“One of the Most Influential Graduates in the 50 Year History of the Counseling Psychology Program,” Univ. of Missouri College of Education Dean Dan Clay, April 19, 2013

University of Missouri College of Education Alumni Award for Outstanding Professional Achievement, 2012. Nominated by the Counseling Psychology Program.

“Ronnestad and Skovholt are the originators of the study of therapist and counselor development.” Hadas Wiseman, Professor, Univ. of Haifa and Vice-President, Society for Psychotherapy Research, April, 2012

Susan T. Rydell Outstanding Contributions to Psychology Award, Minnesota Psychological Association, 2011

Lifetime Contributions to Education and Training, Council of Counseling Psychology Training Programs, 2010

Division 17 of APA Distinguished Recognition Award, 2010

MPA Distinguished Elder in Psychology Award, 2010

Academy of Distinguished Teachers, University of Minnesota, 1999-present

Oral Examiner for Board Certification with the American Board of Professional Psychology, 53 Psychologist Candidates, 1987-2011

Member, American Board of Counseling Psychology, 1993-2008

Doctoral Dissertation Committee Member, Universities in the United States, Canada, South Africa, and Australia, 2003-2009

Thomas Skovholt Legacy Scholarship, General College, UM, 2006

James Cosse Distinguished Award for Extraordinary Contributions to the Professional Practice of Counseling Psychology, 2005

Wakansee Fellow in College Teaching, 2005

MPA Outstanding Graduate Professor in Psychology Award, 2004

Publication Award, Association for Counselor Education & Supervision (with L. Jennings), 2004
for *Master Therapists*

President, American Board of Counseling Psychology, 2004-5

Minnesota International Counseling Institute (MICI), Co-Director, 1989-present

Research Award, Association for Counselor Education & Supervision (with H. Ronnestad), 1994
for *The Evolving Professional Self*

Fellow, Academy of Counseling Psychology, 1994

Bjorn Christensen Research Award (with H. Ronnestad), 1993
for *The Evolving Professional Self*

Fellow, American Psychological Association, 1992

Resource/Master Teacher, Bush Foundation Development Program, University of Minnesota, 1992

Minnesota Career Development Association Research Award for
The Evolving Professional Self, 1991

Morse-Minnesota Alumni Association Teaching Award, 1988

Member, National Fulbright Selection Committee in Psychology, 1986-1989

Citation for Teaching, Fulbright Year, Hacettepe University, Turkey, 1983

Fulbright Award, Turkey, 1982-83

Nominated by Students, Teacher of the Year, University of Florida, 1975

ARTICLES, BOOK CHAPTERS, AND INVENTORY

Skovholt, T. M. (2015). Skovholt Practitioner Professional Resiliency and Self-Care Inventory-Revised. In Skovholt, T. M. and Trotter-Mathison, M. *The resilient practitioner: Burnout and compassion fatigue prevention and self-care strategies for the helping professions*. Third Edition. (xxi-xxiv) New York: Routledge.

- Skovholt, T.M. (2014). Searching for certainty. In D. Salvador & R. Collins, *Mentoring doctors: How to design and implement a junior doctor mentoring program in Australia* (p. 8-10) Medical Education in Australia. ISBN # 9780646915357
- Skovholt, T.M. (2013). Avoiding counselor burnout while seeking resilience: An interview with Thomas Skovholt. *Counselor-License*, p.1.
- Skovholt, T.M. (2012). The counselor's resilient self. *Turkish Journal of Counseling and Guidance*, 4, 137-146.
- Jennings, L, Gulden, A. Oien, M., D'Rozario, V. Goh, M. & Skovholt, T.M. (2012). Multicultural knowledge and skills of Singaporean master therapists. *Journal of Asia Pacific Counseling*, 2, 133-146.
- Walter, J.P., Yon, K. J. & Skovholt, T.M. (2012). Differences in beliefs about psychological services in the relationship between sociorace and one's social network. *Journal of Counseling and Development*, 90, 191-199.
- Skovholt, T.M. & Starkey, M.T. (2012). The Practitioner's Intense Search for Knowing in a Sea of Ambiguity: Answers from the Learning Triangle of Practice, Academic Research and Personal Life. G. Neimeier & J. Taylor (Eds.). *Continuing professional development and lifelong learning: Issues, impacts and outcomes* (229-247) Hauppauge, NY: Nova Science Publishers.
- Skovholt, T.M. (2011). The practitioner's urgent search for answers: Knowledge from research vs. knowledge from practice. *Inside Out: The Journal for the Irish Association of Humanistic and Integrative Psychotherapy*, 65, 79 – 85.
- Rønnestad, M. H. & Skovholt, T. M. (2011). Om terapeuters profesjonelle utvikling og psykoterapeveiledning i et utviklingsperspektiv. (On therapists' professional development and psychotherapy supervision in a developmental perspective In: M.H. Rønnestad & S. Reichelt (Eds.). *Veiledning i psykoterapeutisk arbeid* (Supervision in psychotherapeutic work). Oslo: Oslo University Press.
- Skovholt, T.M & Rønnestad, M.H. (2011). The long textured path from novice to senior practitioner . In Skovholt, T. M. and Trotter-Mathison, M. *The resilient practitioner: Burnout prevention and self-care strategies for therapists, counselors, teachers, and health professionals*. Second Edition. (39-77) New York: Routledge.
- Skovholt, T. M. (2011). Skovholt Practitioner Professional Resiliency and Self-Care Inventory In Skovholt, T. M. and Trotter-Mathison, M. *The resilient practitioner: Burnout prevention and self-care strategies for therapists, counselors, teachers, and health professionals*. Second Edition. (xxi-xxiv) New York: Routledge.

- Skovholt, T. M., & Starkey, M. T. (2010). The three legs of the practitioner's learning stool: Practice, research/theory, and personal life. *Journal of Contemporary Psychotherapy, 40* (3), 125-130.
- Skovholt, T.M. (2010). Becoming a father. In M. Trotter-Mathison, J. Koch, S. Sanger and T.M. Skovholt (Eds.) *Voices from the field: Defining moments in counselor and therapist development*. New York: Routledge, p. 237-240.
- Skovholt, T. and Jennings, L. (2009). In paradoxical praise of common factors. *PsycCRITIQUES, 54*, 87-89.
- Skovholt, T.M. (2008). Two versions of erosion in the helping professions: Caring burnout and meaning burnout. *New Therapist, 52*, 28-29.
- Jennings, L., D'Rozario, V., Goh, M., Sovereign, A., Brogger, M. L. & Skovholt, T.M. (2008). Psychotherapy expertise in Singapore: A qualitative investigation. *Psychotherapy Research, 18*, 508-522.
- Skovholt, T.M., Kao, J. & Trotter, M. (2008). Individual therapy. In Tinsley, T. (Ed.). *The encyclopedia of counseling*. Thousand Oaks, CA: Sage
- Skovholt, T.M., Ebata, N., & Hirai, T. (2007) Strategies for burnout prevention and optimal counselor development. In T. Inoue (Ed.), *Counseling for empowerment*. Toyko: Kawashima Books (In Japanese), 209-243.
- Skovholt, T.M., Hage, S., Kachkel, M. & Gama, E. (2007). Sunny Hansen: Visionary in counseling. *Journal of Counseling and Development, 85*, 216-226.
- Skovholt, T.M. & Rivers, D. A. (2006). Research in the helping professions. *Counseling and human development, 38* (7), 1-7.
- Skovholt, T.M., Hansen, S., Goh, M., Romano, J.L. , and Thomas, K. (2005) The Minnesota International Counseling Institute 1989-Present: History, joyful moments, and lessons learned. *International Journal for the Advancement of Counseling 27*, 1, 17-33.
- Skovholt, T.M. (2005). The cycle of caring: A model of expertise in the helping professions. *Journal of Mental Health Counseling, 27*, 82-93.
- Skovholt, T.M. and L. Jennings. (2005). Mastery and expertise in counseling. *Journal of Mental Health Counseling, 27*, 13-18.
- Jennings, L., Hansen, M., Skovholt, T.M. and Grier, T. (2005) Searching for mastery. *Journal of Mental Health Counseling, 27*, 19-31.

- Ronnestad, M. H., & Skovholt, T. M. (2005). The development of psychotherapists during the student years. In: A. Lairaiter & U. Willutzki, (Eds.). *Ausbildung in Verhaltenstherapie*. Göttingen: Hogrefe & Huber Publishers (In German)
- Skovholt, T. M., Goh, M., Upidi, S. and Grier, T. (2004). The resilient multicultural practitioner. *The California Psychologist*, 37 (6), 18-19.
- Brisset, A , Turner, S. , & Skovholt, T. M. (2004). Parent support and African-American adolescent career self-efficacy. *Professional School Counselor*, 7,124-132.
- Strike, D, Skovholt, T.M., & Hummel, T. (2004). Counselors' competencies with disabled clients. *Rehabilitation Psychology*, 49, 321-327
- Skovholt, T. M., Hanson, M., Jennings, L., & Grier, T. (2004). A brief history of expertise. In T. M. Skovholt & L. Jennings (Eds.), *Master therapists: Expertise in therapy and counseling*. Boston, MA: Allyn & Bacon. pp. 1-16.
- Skovholt, T.M., Hanson, M., Jennings, L. & Grier, T. (2004). Expertise in therapy an counseling. In T.M. Skovholt & L. Jennings (Eds.). *Master therapists: Exploring expertise in therapy and counseling*. Boston, MA: Allyn & Bacon. pp. 17-30.
- Skovholt, T. M., Jennings, L., & Mullenbach, M. (2004). Portrait of the master therapist: The highly-functioning self. In T. M. Skovholt & L. Jennings (Eds.), *Master therapists: Exploring expertise in therapy and counseling*. Boston, MA: Allyn & Bacon. pp.125-146.
- Jennings, L., & Skovholt, T. M. (2004). The cognitive, emotional, and relational characteristics of master therapists. In T. M. Skovholt & L. Jennings (Eds.), *Master therapists: Exploring expertise in therapy and counseling*. Boston, MA: Allyn & Bacon. pp. 31-52.
- Mullenbach, M., & Skovholt, T. M. (2004). Emotional wellness and professional resiliency of master therapists. In T. M. Skovholt & L. Jennings (Eds.) *Master therapists: Exploring expertise in therapy and counseling*. Boston, MA: Allyn & Bacon. pp. 77-106.
- Sullivan, M., & Skovholt, T. M. (2004). Master therapists' construction of the working alliance. In T. M. Skovholt & L. Jennings (Eds.), *Master therapists: Exploring expertise in therapy and counseling*. Boston, MA: Allyn & Bacon. pp. 53-76.
- Skovholt, T.M. Ronnestad, M.H. (2003). The hope and promise of life-span counselor and therapist development. *Journal of Career Development*, 30, 1, 1-3.
- Skovholt, T.M., & Ronnestad, M.H. (2003). Struggles of the novice counselor and therapist. *Journal of Career Development*, 30, 1, 44-58.

- Skovholt, T.M., & Wood, R. (2003). The complexity of supervision. *Contemporary Psychology*, 48, 463-465.
- Jennings, L., Goh, M., Skovholt, T.M., Hanson, M., & Banerjee-Stevens, D. (2003). Multiple factors in the development of the expert counselor and therapist. *Journal of Career Development*, 30, 1, 59-72.
- Ronnestad, M.H. & Skovholt, T.M. (2003). The journey of the counselor and therapist: Research findings and perspectives on development. *Journal of Career Development*, 30, 1, 5-44.
- Schank, J., Slater, R., Banerjee-Stevens, D. & Skovholt, T. (2003). Ethics of multiple and overlapping relationships. In W.T. O'Donohue & K. Ferguson (Eds). *Handbook of professional ethics for psychologists*. Thousand Oaks, CA: Sage. pp. 181-193
- Skovholt, T. M., Grier, T., & Hanson, M. (2001). Career counseling for longevity: Self-care and burnout prevention strategies for counselor resilience. *Journal of Career Development*, 27, 167-176.
- Skovholt, T. M., & Wood, R. (2001). An exploration of person-centered theory. *Contemporary Psychology*, 46, 393-394.
- Yoo, S. K., & Skovholt, T. M. (2001). Cross-cultural examination of depression expression and help seeking behavior: A comparison study of Americans and Koreans. *Journal of College Counseling*, 4, 10-19.
- Ronnestad, M. H., & Skovholt, T. M. (2001). Learning arenas for professional development: Retrospective accounts of senior psychotherapists. *Professional Psychology*, 32, 91-98.
- Skovholt, T. M., & D'Rozario, V. (2000). Portraits of outstanding and inadequate teachers in Singapore: The impact of emotional intelligence. *Teaching and Learning*, 40(1), 9-17.
- Skovholt, T. M., & Yoo, S. K. (1999). Hazards of practice in helping professions. *SNU Journal of Education*, 9, 53-66.
- Skovholt, T. M., & Jennings, L. (1999). *Burnout prevention and treatment: Helping the helper*. APA Division 42, Niche Publication, Washington, DC.
- Jennings, L., & Skovholt, T. M. (1999). The cognitive, emotional, and relational characteristics of master therapists. *Journal of Counseling Psychology*, 46, 3-11.
- Ronnestad, M. H., & Skovholt, T. M. (1999). Psychotherapists' professional development and psychotherapy supervision in a developmental perspective. In M. H. Ronnestad & S.

- Reichelt (Eds.), *Psychotherapy supervision*. Oslo: Tano-Aschehoug. (In Norwegian)
- Skovholt, T. M., Rivers, D., & Alrwaie, O. (1998). The effectiveness of counseling. *Kuwait Education Journal*, 13, 355-377.
- Romano, J. L., & Skovholt, T. M. (1998). Henry Borow: Fifty years of commitment to the counseling profession and the Minnesota tradition. *The Counseling Psychologist*, 26, 447-465.
- Hagstrom, S., Skovholt, T. M., & Rivers, D. (1997). The advanced undecided college student: A qualitative study. *NACADA Journal*, 17(2), 23-30.
- Skovholt, T. M., Ronnestad, M. H., & Jennings, L. (1997). Searching for expertise in psychotherapy, professional psychology, and counseling. *Educational Psychology Review*, 9, 361-369.
- Skovholt, T. M., Cognetta, P., Ye, G., & King, L. (1997). Violence prevention strategies of inner-city student experts. *Professional School Counseling*, 1, 35-38.
- Ronnestad, M. H., & Skovholt, T. M. (1997). Professional development and supervision of psychotherapists. *Psychotherapeut*, 42, 299-306. (In German)
- Schank, J., & Skovholt, T. M. (1997). Ethical boundary dilemmas experienced by rural and small community psychologists. *Professional Psychology*, 28, 44-49. Also in D. Bersoff, *Ethical conflicts in psychology*. Washington, DC: American Psychological Association, 1999, 2003, 2005.
- Skovholt, T. M. (1993). Counseling and psychotherapy interventions with men. *Counseling and Human Development*, 25(6), 1-16. Denver, CO: Love Publishing Co.
- Ronnestad, M. H., & Skovholt, T. M. (1993). Supervision of beginning vs. advanced students. *Journal of Counseling and Development*, 71, 396-405.
- Skovholt, T. M., & Ronnestad, M. H. (1992). Themes in therapist and counselor development. *Journal of Counseling and Development*, 70, 505-515.
- Ronnestad, M. H., & Skovholt, T. M. (1991). Professional development and stagnation of therapists and counselors. *Norwegian Psychology Journal*, 28, 555-567.
- Skovholt, T. M. (1990). Counseling implications of genetics research: An interview with Thomas Bouchard. *Journal of Counseling and Development*, 68, 633-636.
- Skovholt, T. M., Tennyson, W. W., Miller, G. D., & Williams, R. C. (1990). Preparation of

- counselors for the traditional role and the developmental role. *Journal of Counseling and Human Service Professions*, 4, 51-60.
- Skovholt, T. M. (1989). Career themes in counseling and psychotherapy with men. In D. Moore and F. Leafgren (Eds.), *Men in conflict*. Washington, D.C.: AACD Press, pp. 39-53.
- Tennyson, W. W., Miller, G. D., Skovholt, T. M., & Williams, R. C. (1989). Secondary school counselors: What do they do? What is important? *School Counselor*, 36, 253-259.
- Tennyson, W. W., Miller, G. D., Skovholt, T. M., & Williams, R. C. (1989). How they view their role: A survey of counselors in different secondary schools. *Journal of Counseling and Development*, 67, 399-403.
- Skovholt, T. M., Morgan, J., & Cunningham, H. N. (1989). Mental imagery in career counseling and life planning: A review of research and intervention methods. *Journal of Counseling and Development*, 67, 287-291.
- Skovholt, T. M., & McCarthy, P. (1988). Critical incidents: Catalysts in counselor development. *Journal of Counseling and Development*, 67, 69-73.
- Skovholt, T. M. (1987). Searching for reality. *The Counseling Psychologist*, 16, 282-287.
- Skovholt, T. M., Moore, D., Williams, R. C., & Steffen, C. (1987). Psychological reactions to the nuclear war threat. *Medicine and War*, 3, 3-16.
- Skovholt, T. M. (1987). Turkish and American universities: Advantages and disadvantages for students' development. *Education and Science*, 11(63), 67-72. (In Turkish)
- Skovholt, T. M. (1987). Is there a place for a counseling program in a Turkish College of Education? *Proceedings of the International Conference on the Role of Turkish Colleges of Education*. Ankara, Hacettepe University Press, pp. 78-86.
- Skovholt, T. M., & Thoen, G. (1987). Mental imagery and parenthood decision making. *Journal of Counseling and Development*, 65, 315-316.
- Skovholt, T. M. (1986). Learning to teach. *Focus*. University of Minnesota, Spring Issue, 8.
- Skovholt, T. M. (1986). Counseling and guidance services for young people: United States and Turkey. *Education and Science*, 59, 38-46. (In Turkish)
- Skovholt, T. M. (1986). Psychology and mental health issues in Turkey and the United States: One American's view. *Turkish Psychology Journal*, 5(19), 47-53. (In Turkish)

- Skovholt, T. M., & Wambach, C. (1986). Student assessment of the GC baccalaureate degree. *GC Reports*, 5(2), 1-15.
- Skovholt, T. M. (1985). Possible contributions of counseling psychology to quality education in Turkey. In O. Demirel (Ed.), *Quality of Education: Its Future Prospects in the Turkish Educational System*. Ankara: Hacettepe University Press, 152-165.
- Bruch, M., & Skovholt, T. M. (1985). Congruence of Holland personality type and marital satisfaction. *Measurement and Evaluation in Counseling and Development*, 18, 100-107.
- Skovholt, T. M., Stone, G., & Hill, C. (1984). Institutional affiliations of scholarly and professional contributors in counseling psychology. *Journal of Counseling Psychology*, 31, 394-397.
- Skovholt, T. M. (1983). Professional psychology in Norway. *Minnesota Psychologist*, Winter, 9.
- Skovholt, T. M., & Bruch, M. (1982). Counseling services and men in need: A problem in person-environment matching. *American Mental Health Counselors Journal*, 4, 89-96.
- Skovholt, T. M. (1982). The integrated course of study: An overview of its educational environment. *GC Newsletter*, 14(2), 16-20.
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- Skovholt, T. M., Nelson, A., & Rothweiler, M. (1981). University Day Community: A commitment to youth development. *GC Newsletter*, 14(1), 14-17.
- Skovholt, T. M., & Morgan, J. (1981). Career development: An outline of issues for men. *Personnel and Guidance Journal*, 60, 231-237.
- Skovholt, T. M., & Brothen, T. (1981). Social comparison theory and the universality of experience. *Psychological Reports*, 48, 114.
- Skovholt, T. M., & Hansen, A. (1980). Men's development: A perspective and some themes. In T. M. Skovholt, P. Schauble, and R. Davis (Eds.), *Counseling men*. Menlo Park, CA: Brooks/Cole, pp. 1-29.
- Skovholt, T. M., Morgan, J., & Orr, J. (1979). Career counseling with men: The shifting focus. In S. Weinrach (Ed.), *Career counseling: Theoretical and practical perspectives*. New York: McGraw-Hill, pp. 260-266.
- Schreiber, F., Schauble, P., Epting, F., & Skovholt, T. M. (1979). Predicting successful weight

- loss after treatment. *Journal of Clinical Psychology*, 35, 851-854.
- Skovholt, T. M., Resnick, J. L., & Dewey, C. R. (1979). Weight treatment: A group approach to weight control. *Psychotherapy: Theory, Research and Practice*, 16, 116-121.
- Skovholt, T. M. (1978). Feminism and men's lives. *The Counseling Psychologist*, 7(4), 3-10.
- Wolleat, P., & Skovholt, T. M. (1978). Sculpting roles for men and women: The symmetry option. *Journal of Career Education*, 5, 78-89.
- Morgan, J., & Skovholt, T. M. (1977). Using inner experience: Fantasy and daydreams in career counseling. *Journal of Counseling Psychology*, 24, 391-397. Also in S. Weinrach (Ed.), *Career Counseling: Theoretical and Practical Perspectives*. New York: McGraw-Hill, 1979, 139-143. Abstracted in *Human Behavior*, April 1, 1978, 59, and in *Psychology Today*, September, 1978, 79.
- Skovholt, T. M. (1977). Issues in psychological education. *Personnel and Guidance Journal*, 55, 472-476.
- Skovholt, T. M. (1976). Paraprofessionals: Community service or personal growth? *University of Florida Counseling Center Monograph*, 2, 86-91.
- Skovholt, T. M., & Hoenninger, R. (1974). Using guided fantasy in career counseling. *Personnel and Guidance Journal*, 52, 693-696. Also in *Project Discovery Manual*. Red Oaks, IA: Southwest Iowa Learning Resources Center, 1975. Also in R. Weinrach (Ed.), *How Career Choices Are Made*. New York: MSS Information Corporation, 1976. Also in W. Stein, *The Rural Community Perspectives Toward Career Development*. Columbus, OH: Center for Vocational Education, Ohio State University, 1978. Adopted by R. Schussel, *CPP Counselors Manual*. Iowa City, IA: American College Testing Program, 1976.
- Skovholt, T. M. (1974). The client as helper: A means to promote personal growth. *The Counseling Psychologist*, 4(3), 58-64.
- Skovholt, T. M., Moore, E., & Wellman, F. (1973). Birth order and academic behavior in first grade. *Psychological Reports*, 32, 395-398.
- Skovholt, T. M. (1973). A new manpower boom: The non-traditional helper comes into his own. *MH (Mental Hygiene)*, 57(1), 28-30.
- Skovholt, T. M. (1972). A look at formal schooling. *New Voices in Education*, 2(1), 30-32.
- Skovholt, T. M. (1971). Goodman's reformation. *New Voices in Education*, 1(4), 26-28.

SELECTED LIST OF PRESENTATIONS TO PROFESSIONAL GROUPS

Hazards of Practice and Tips for Professional Resiliency, Post-Convention Workshop, STAR Conference, Tel Aviv, July, 2015

The Professional Development of Counselors and Therapists: A Presentation in Honor of Professors Joseph Johnston and Norman Gysbers (with Helge Ronnestad), University of Missouri, Columbia, April, 2015

The Minnesota Counselor Development and Master Therapist Research Studies; Findings from 1985 to 2015 (with Len Jennings, Ashley Sovereign and Salina Renninger). Minnesota Psychological Association Convention, Bloomington, March, 2015

Hazards of Practice and Tips for Professional Resiliency, Resiliency Conference, University of South Alabama, October, 2014

Hazards of Practice and Tips for Professional Resiliency, Presentation for M.D.'s, Nurses, Counselors and Educators, University of Stavanger, Norway, October, 2014

The Developmental Path to Mastery in Counseling and Therapy (with Len Jennings), APA Annual Convention, Washington, DC, August, 2014

Resiliency and Self-Care Patterns of Emily Program Practitioners (with Jian-Ming Hou), Minneapolis, February, 2014

Asking the Research Question in Qualitative Research, University of St. Thomas, Minneapolis, October, 2013

What is Human Resilience? Symposium, Dept. of Family Social Science, University of Minnesota, St. Paul, October, 2013

Resiliency Development in the Relationship-Intense Professions, University of San Diego Division of Student Affairs, San Diego, August, 2013

Responding to Student Tragedies, University of San Diego Counseling Center and Wellness Program, San Diego, August, 2013

Resiliency Factors for the Helping Professions, University of Missouri, Columbia, April, 2013

Paraprofessionals and the 'Helper Therapy Principle,' University of Missouri, Columbia, April, 2013

The Resiliency Diamond of Professional Vitality, Personality Vitality, Professional Stress and Personal Stress and Counselor Effectiveness. Minnesota State University Counselors

Conference, St. Paul, February, 2013

Trilogy of Counselor Discouragement: Practitioner PTSD, Emotional and Cognitive Depletion, and Loss of Innocence. Wilder Foundation Asian Refugee Mental Health Program, December, 2012

Resiliency Development of Counselors and Therapists, University of San Diego, October, 2012

Asking the Research Question in Qualitative Research, University of St. Thomas, Minneapolis, October, 2012

Seo, H., Skovholt, T.M. & Macfarlane, I. Self-Compassion, Perfectionism and Psychological Distress among East Asian International Students. APA Annual Convention, Orlando, August, 2012

Lian, F., Wahl, K.H., Skovholt, T.M., Jennings, L. & Goh, M. Development and Validation of the Psychotherapists Characteristics Inventory APA Annual Convention, Orlando, August, 2012

Walter, J. P. & Skovholt, T.M. Multicultural Identity and Beliefs about Psychological Services. APA Annual Convention, Orlando, August, 2012

Characteristics of Master Therapists, Emily Program, St. Paul, MN
With Len Jennings, March, 2012

Resiliency Development for Mental Health Practitioners, Emily Program, St. Paul, MN
November, 2011

Asking the Research Question in Qualitative Research, University of St. Thomas, Minneapolis, October, 2011

Best –and Worst—Practices in Clinical Supervision, University of St. Thomas, Minneapolis, October, 2011

Resiliency Development for Mental Health Therapists, 4th Annual Behavioral Health Emergency Conference, Mankato, MN, August, 2011.

The Resilient Practitioner. Northwest Human Services Association Regional Conference. Anchorage, Alaska, June, 2011.

Teachers' Professional Resiliency for Intense Engagement with Students.
Woodbury High School, Teachers Conference. Woodbury MN, February, 2011

- Being a Master Therapist: The Road to Professional Resiliency. Dean Psychiatry Conference, Madison, WI, September, 2010.
- Managing the Stress: Self-Care Strategies for Job Loss Counselors. Job Loss Professionals Conference, University of Minnesota, Twin Cities, September, 2010
- Paradoxes of Supervision, APA Conference, San Diego, CA, August, 2010
- Supervision at Varying Developmental Levels: Same and Different. Argosy University-Twin Cities, April, 2010.
- Clinical Competence in College Counseling, University of Delaware, February, 2010
- The Resilient Teacher, University of Kuwait College of Education, October, 2009
- The Cycle of Caring Applied to Educational Administration, University of Kuwait College of Education, October, 2009
- Best –and Worst—Practices in Clinical Supervision, University of St. Thomas, Minneapolis, November, 2009
- Interviewing Methods in Qualitative Research, University of St. Thomas, Minneapolis, December, 2009
- The Developmental Arc, Wisconsin Psychological Association, Madison, April, 2009
- Resiliency within the Hardships of Professional Psychology, Wisconsin Psychological Association, Madison, April, 2009
- Goh, M., Starkey, M., Skovholt, T., & Jennings, L. A Qualitative Study of Culturally Competent Psychotherapists. Fifth World Congress of Psychotherapy, Beijing, China, October, 2008
- Qualitative Research Methodology in Counseling Psychology, University of St. Thomas, Minneapolis, October, 2008
- Practitioner Development Themes and Phases in the Helping Professions. University of St. Thomas, Minneapolis, September, 2008
- Epistemology Legs of the Practitioner’s Stool: Research, Practice, Personal Life With M. Starkey, APA Convention, Boston, August, 2008
- Portrait of the Master Therapist, University of Washington, Department of Psychology, Seattle, April, 2008

- Supervision at Varying Developmental Levels University of Washington, Department of Psychology Department and Counseling Center, Seattle, April, 2008
- Counselor Development-Elevated Stressors of the Novice Practitioner, University of Washington Counseling Center, Seattle, April, 2008
- Preparing Students to Embrace Uncertainty While Searching for Certainty, International Counseling Psychology Conference, Chicago, March, 2008
- Guiding Principles of the Minnesota International Counseling Institute, International Counseling Psychology Conference, Chicago, March, 2008
- Qualitative Research in Counseling Psychology. Minneapolis, University of St. Thomas, November, 2007
- Qualitative Study of Expert Multicultural Therapists and Counselors. with M. Goh and M. Starkey. APA Convention, San Francisco, August, 2007
- Client Suicide: Practitioner Grief, Coping and Resilience. Minneapolis, University of Minnesota, June, 2007
- Developmental Realities for Novice Counselors. Minneapolis, University of St. Thomas, January, 2007
- Therapist/ Counselor Development, University of Alberta, July, 2006
- Mystery, Mastery and Mistakes in Career Counseling, University of Missouri Career Conference, Columbia, MO., October, 2005
- The Board Certification Exam in Counseling Psychology. with D. Welch, B. Palomi and J. Pollard, Association of Counseling Center Directors Conference, Minneapolis, October, 2005
- Master Therapists. With L. Jennings. MPA Convention, Minneapolis, October, 2005
- Helping Doctoral Students Encounter Professional Ethics and Make Meaning. With R. Slater, APA Convention, Washington, D.C., August, 2005
- The Cycle of Caring: A Model of Expertise in the Helping Professions. Minnesota International Counseling Institute, Minneapolis, August, 2005
- Resiliency and Burnout Prevention for College Teachers, Wakonsee Conference on College Teaching. Muskegon, Michigan, July, 2005

Resiliency Training for Addiction Counselors. with R Wood. Summer Institute for Addition and Prevention Studies, University of Nevada-Reno, July, 2005

Supervision at Varying Developmental Levels: Same and Different. St. Mary's University, Minneapolis, March , 2005

On Becoming More Resilient Educators. Faculty Forum, Lincoln University, Jefferson City, MO., February, 2005

Common Factors Training and Supervision Through the Master Therapist Prism. with L. Jennings, APA Convention, Honolulu, August, 2004

Professional Resilience in the Human Services, Conference of the National Center for Mental Health and Youth Violence Prevention, Kansas City, April, 2004

Resiliency and Self-Care, St. Paul Public School Counselors, January, 2004

Resiliency and Self-Care in Counseling, University of Wisconsin-Madison, October, 2003

Advanced Clinical Supervision, Counselor Training Institute, Winona State University, Winona, MN. July, 2003

Advisor Burnout Prevention, Minnesota Advisor Conference, University of Minnesota, April, 2003

Professional Development and Expert Functioning of Therapists and Counselors, 50th Anniversary Conference, University of Missouri, April,2003

Counselor Burnout Prevention, Minneapolis Public School Counselors, Minneapolis, March, 2003

The Dissertation Danger Triad: Ambivalence, Perfectionism and Procrastination, University of Minnesota, December, 2002

Effective Group Discussions, College in the Classroom, University of Minnesota, September, 2002

Qualitative Research Methods for Counseling Psychology, University of St. Thomas, Minneapolis, September, 2002

Portrait of the Master Therapist. Minnesota Psychological Association Convention

Bloomington, May, 2002

Resiliency Factors for Career Counselors. University of Missouri Career Conference, Columbia, February, 2002

Self-Care Tips for Practitioners. University of St. Thomas. St. Paul, January, 2002.

Faculty Life at a Research University: A View after 25+ Years. University of Missouri, Columbia, MO, November, 2001

Resiliency Factors for the Novice Practitioner. University of Utah, Salt Lake City, Utah, October 15, 2001

Issues in Practitioner Identity throughout the Career. APA Convention, San Francisco, California, August 25, 2001

Clinical Guidance: Promoting and Maintaining Excellence, with P. McCarthy Veach. EMCSS MN State Agency, Blaine, March, 2001

Issues in Advanced Clinical Supervision, with P. McCarthy Veach. Minnesota Psychological Association, St. Paul, February, 2001

Burnout Prevention. Postal Workers EAP Regional Conference, St. Paul, September, 2000

Master Therapists: Four Qualitative Studies. Society for Psychotherapy Research, Chicago, June, 2000

Working as a Resilient Practitioner. Career Counselors in Higher Education Conference, Bemidji, June, 2000

The Resilient Practitioner: Burnout Prevention and Self-Care Strategies. Minnesota Psychological Association Annual Meeting, May, 2000

Principles of Clinical Supervision. Twin Cities APA Training Consortium, Minneapolis, April, 2000

Senior Psychologists Look Back at Their Professional Lives, with M. H. Rønnestad. Department of Psychology, University of Tromso, Norway, March, 2000

Counselor Development: Themes and Stages. Counseling Center, University of Missouri, February, 2000

Burnout Prevention and Self-Care Strategies for Career Counselors. Career Center Conference, University of Missouri, February, 2000

- Advanced Clinical Supervision, with P. McCarthy Veach. Minnesota Psychological Association Friday Forum, St. Paul, January, 2000
- The Role of Emotional Intelligence in Teacher Success in Singapore, with V. D’Rozario. Educational Research Association Conference, Malacca, Malaysia, December, 1999
- Qualitative Research Methods in Counseling Psychology. Professional Psychology Program, University of St. Thomas, Minneapolis, November, 1999
- Therapist Development during the Student Years and Beyond. Professional Psychology Program, University of St. Thomas, Minneapolis, October, 1999
- Portraits of Outstanding and Inadequate Teachers in Singapore: The Impact of Emotional Intelligence, with M. Goh. International Education, University of Minnesota, October, 1999
- Ten Years of the Minnesota International Counseling Institute, with S. Hansen, J. Romano, and K. Thomas. International Education, University of Minnesota, September, 1999
- Fathering: Old Ideas and New Ones. Minnesota Psychological Association Mini-Convention, St. Paul, April, 1999
- Beyond Burnout: Advisor and Counselor Self-Care and Well-Being. University of Minnesota Advisor Network, Minneapolis, March, 1999
- Counselor Self-Care and Professional Practice. Korea Youth Counseling Institute, Seoul, Korea, February, 1999
- Clinical Supervision: Principles and Practices. Korea Psychological Association, Seoul, Korea, February, 1999
- Psychological Approaches to Effective Undergraduate Advising. Nantung Technical University, Singapore, November, 1998
- The Impact of Emotional Intelligence on Effective Teaching. National Institute of Education, Singapore, November, 1998
- Clinical Supervision: Principles and Practices. Conference for Therapists and Counselors, Singapore, November, 1998
- Burnout Prevention. Department of Psychological Science, National Institute of Education, Singapore, November, 1998
- Methods of Supervisee Development. American Psychological Association Convention, San

Francisco, August, 1998

Henry Borow: A Life of Commitment and Caring in Counseling Psychology. American Psychological Association Convention, San Francisco, August, 1998

Other-Care/Self-Care Themes for Career Counselors. Prototype Career Services, St. Paul, 1998

Professional Development of Counselors and Therapists. University of St. Thomas, St. Paul, 1997

American Counseling Psychology in Kuwait: Compatibility or Clash. University of Minnesota, January, 1997

Other-Care/Self-Care: The Art of Balance for Counselors, with L. Jennings. American Counseling Association Convention, Orlando, April, 1997

Factors in Effective Counseling. School Counseling Symposium, Kuwait University, Kuwait City, April, 1997

Counselor Development. School Counseling Symposium, Kuwait University, Kuwait City, April, 1997

Other-Care/Self-Care: Concerns of Residential Treatment Counselors. MAMHRF Conference, Minneapolis, 1997

Other-Care/Self-Care: Themes for Counselors of the Seriously Mentally Ill. Human Service Staff, Andrews House, Minneapolis, June, 1996

Professional Identity of Psychologists. Doctoral Program, University of St. Thomas, St. Paul, 1996

Levels of Therapist Development, with M. H. Ronnestad. Lindane Psychotherapy Conference, Lindane, Germany, 1996

Qualitative Methodology in the Study of Psychotherapist Development, with M. H. Ronnestad. Centrum Psychotherapy Conference, Upsala, Sweden, 1996

Other-Care/Self-Care. V.A. Psychology Staff, Minneapolis, July, 1995

Wisdom of the Elders. Minnesota Psychological Association, Brainerd, May, 1994

The Work of Helpers, Healers, and Teachers. University Counseling and Consulting Services, University of Minnesota, Minneapolis, April, 1994

Counselors, Healers, and Teachers. Minnesota Association for Continuing Adult Education, Minneapolis, February, 1994

Twenty Years of Writing on Counseling. University of Minnesota, Minneapolis, January, 1994

Professional Development of Therapists and Counselors. Ankara University, Ankara, Turkey, August, 1993

Clinical Supervision in Education and Human Services. Dokuz Eylül University, Izmir, Turkey, August, 1993

Other Care/Self Care. Psychology Department, VA Medical Center, Minneapolis, August, 1993

Searching for Congruence and Hoping for the Best. Division 17 Fellow Address, American Psychological Association, Toronto, August, 1993

Qualitative and Quantitative Approaches to Analyzing Levels of Professional Development among Psychotherapists, with H. Ronnestad. European SPR Conference, Budapest, August, 1993

Working with Difficult Clients. Minnesota Association of Outplacement Counselors, Plymouth, May, 1993

Self Care vs. Other Care. Career Counselors Network, St. Paul, October, 1992

Effective Clinical Supervision. Psychology and Social Work Groups, Children's Medical Center, Minneapolis, October, 1991

After Twenty-Four Years as a Counselor: Still Excited But No Longer Innocent. American Association for Counseling and Development Convention, Reno, April, 1991

Counselor Development. Minnesota Career Development Association, St. Paul, February, 1991

Professional Development of Counselors. Lake Regions School Counselors Association, Minneapolis, November, 1990

The 180° Male Role Conflict, w/Dwight Moore. AACD Convention, Cincinnati, March, 1990

Professional Development in Counseling. AACD Convention, Cincinnati, March, 1990

Stages of Counselor Development. ACES Convention, St. Louis, November, 1989

- Stages of Counselor/Therapist Development. Minnesota Licensed Psychologists Annual Meeting, Bloomington, April, 1989
- Stages of Counselor/Therapist Development. Walk-In Counseling Center Community Forum, Minneapolis, December, 1988
- The ABPP Diplomate Exam. University of Missouri Counseling Psychology Conference, Columbia, Missouri, November, 1988
- Stages of Counselor/Therapist Development. Association for Counselor Education and Supervision Annual Convention, St. Louis, October, 1988
- The 180° Male Role Conflict. V.A. Hospital Psychology Group, Minneapolis, May, 1987
- Stages of Counselor/Therapist Development. Abbott-Northwestern Mental Health Staff, Minneapolis, April, 1987
- Stages of Counselor/Therapist Development. V.A. Hospital Psychology Group, Minneapolis, February, 1987
- Is There a Place for Counselor Education in Turkish Colleges of Education? International Conference on the Role of Turkish Colleges of Education, Ankara, Turkey, November, 1986
- Stages of Counselor/Therapist Development. Hacettepe University, Ankara, Turkey, November, 1986
- Uses of Imagery by Counselors in Retirement Planning. Minnesota Association for Counseling and Development Convention, St. Paul, October, 1986
- The 180° Role Conflict: A Foundation for Adult Male Psychological Distress. International Roundtable for the Advancement of Counseling, Lund, Sweden, June, 1986
- Motivating Hostile and Difficult Clients. Conference of the Minnesota and Upper Midwest Migrant Council Counselors, St. Paul, November, 1985
- Fathers' Impact on Daughters' Development. College of St. Catherine, St. Paul, November, 1985
- Mental Imagery in Career Counseling and Life Planning: A Review of Research and Intervention Methods. Ninth American Imagery Conference, Los Angeles, October, 1985
- Increasing Client Motivation. Statewide Economic Security Counselors, Brainerd, July, 1985

Turkish and American Comparisons: Mental Health Concepts and University Structures. University of Minnesota International Research Series, Minneapolis, April, 1985

Reflections on a Fulbright Year in Turkey. Turkish-American Association Annual Meeting, Minneapolis, March, 1985

Possible Contribution of Counseling Psychology to Quality Education in Turkey. International Conference on Quality Education, Ankara, Turkey, July, 1984

Using Fantasy and Daydreams in Career Counseling for Women. Working Opportunities for Women, Minneapolis, April, 1984

Using Fantasy and Daydreams in Career Counseling. Career Development Network, University of Minnesota, February, 1984

Developmental Conflicts for Men Through the Life Cycle. Iowa Statewide Counseling Conference, Iowa City, February, 1984

Loss of Academic Freedom in Turkey: What Is My Responsibility as a Fulbright Psychologist? American Psychological Association Convention, Anaheim, August, 1983

Symposium Organizer, Middle Eastern Psychology: Views of Recent Fulbright Psychologists. American Psychological Association Convention, Anaheim, August, 1983

Career Development. Bosphorous University, Istanbul, May, 1983

Personality Development of University Students. Bosphorous University, Istanbul, May, 1983

American Counseling Services for Youth. Ministry of Youth, Ankara, April, 1983

Self-Help Groups. Ankara University Medical School, Ankara, April, 1983

Career Development. Middle Eastern Technical University, Ankara, March, 1983

Theoretical Integration in Counseling and Psychotherapy Practice. Hacettepe University, Ankara, February, 1983

Career Information Delivery. Statewide CETA Counselors, St. Paul, June, 1982

Male Career Development Themes. Career Development Network, Minneapolis, April, 1982

Male Issues in Sex Equity. Principles and Counselor Conference, Edina Public Schools, Edina, Minnesota, March, 1982

Structural Deficiencies in the Mental Health and Counseling Delivery Systems. American Personnel and Guidance Association Convention, Detroit, March, 1982

Career Development Issues for Men. CHART, Minneapolis, February, 1982

Adult Career Development Themes. Minnesota Vocational Guidance Convention, Minneapolis, December, 1981

Counseling Men. Wichita State University, Wichita, Kansas, January, 1982

Integrating Theory and Practice in Effective Counseling. CETA Counselors, Mankato, November, 1981

The Integrated Course of Study: Its Educational Environment. MAEOPP Regional Conference, Lake Geneva, Wisconsin, November, 1981

Counseling Procedures. Student Counseling Bureau Staff Development, University of Minnesota, Minneapolis, April, 1981

Psychological Services and Men in Need: How Wide Is the Gap? American Psychological Association Annual Convention, Montreal, September, 1980

Male Psychosocial Themes. Mississippi State Department of Education Conference, Jackson, May, 1980

- Adolescent Day Treatment: An Overview. Association for Behavior Analysis, Detroit, May, 1980
- Male Psychosocial Themes. Radford University, Radford, Virginia, January, 1980
- Career Development and Sex Role Stereotyping. Montana State University, Bozeman, Montana, April, 1979
- Discussant, Symposium on Client-Counselor Matching. American Psychological Association Annual Convention, Toronto, September, 1978
- Reactor to Symposium Presentations on: Counseling Men—Issues in Treatment. Annual Convention of the American Personnel and Guidance Association, March, 1978
- Feminism and Men's Lives. Lakewood Community College, White Bear Lake, Minnesota, December, 1977
- Issues in Counseling Men. Regional Invitational Counseling Psychology Conference, Gainesville, Florida, February, 1977
- Teaching Human Sexuality to College Males: Psychological Outcomes of a College Course. American Psychological Association Annual Convention, Washington, D.C., September, 1976
- Developing a Psychological Education Program for College Students. Bradley University, Peoria, Illinois, September, 1975
- An Overview of Psychological Education. American Personnel and Guidance Association Annual Convention, New York, March, 1975
- Chairperson, Innovations in College Career Development Services. American College Personnel Association Convention, Atlanta, March, 1975
- Resource Person on Career Development Intervention. American Personnel and Guidance Association Annual Convention, New Orleans, 1974
- Fantasy Techniques in Career Counseling. State Conference on Career Counseling, Gainesville, Florida, October, 1974
- Carkhuff's Method of Interpersonal Skills Training. University of Florida Humanistic Psychology Colloquium, Gainesville, Florida, May, 1974
- Promoting Student Growth in the Classroom: A Course in Vocational Psychology. Florida Psychological Association Meeting, April, 1974

Career Exploration Groups. Big Eight Counseling Centers Annual Meeting, Columbia, Missouri, March, 1973

Moderator of Instructional Film: Vocational Exploration Groups. Counseling Services, University of Missouri, Columbia, Missouri, March, 1972

Reactor, Changing Roles for Men and Women: Implications for Counselors. North Central Association for Counselor Education and Supervision Annual Meeting, Chicago, November, 1972

JOURNAL ISSUE EDITOR

Guest Editor with L. Jennings, Journal of Mental Health Counseling (2005)
“Master Therapists”

Guest Editor with M.H. Ronnestad, Journal of Career Development, (2003)
“Career Development of Counselors and Therapists”

Guest Editor with Patricia McCarthy, , Journal of Counseling and Development, October 1988
“Critical Incidents in Counselor Development”

Guest Editor, Turkish Psychology Journal, 1986
“Special Fulbright Issue”

Senior Guest Editor, The Counseling Psychologist, 7(4), 1978
“Counseling Men”

Associate Editor, New Voices in Education, 1971-1972

Ph.D. STUDENT ADVISEES AND DISSERTATION TITLES:

Jian-Ming Hou, “Characteristics of Highly Resilient Therapists,” 2015

Anna Roth, “Yoga as a Psychological Intervention: Conceptualizations and Practice Integration of Psychologists -Yoga Teachers,” 2014

Yoonhee Sung, “ Construction of Group Counseling Themes by Expert Group Practitioners,” 2013

Charles Helm, “Relationship Between Racial Microaggression and Psychological Wellbeing of African American Students,” 2013

- Kathleen Joachim, "The Relationship between Negative Life Events as Measured by Family Experiences and the Working Alliance," 2012
- He Weon Seo, "The Role Of Self-Compassion and Emotional Approach Coping in the Relationship Between Maladaptive Perfectionism and Psychological Distress Among East Asian International Students." 2012
- Jeffrey Walter, "Mixed Methods Analysis of Multicultural Identity and Psychological Help Seeking Beliefs of College Students," 2012
- Christopher Bedford, "The Role of Learning Agility in Workplace Performance and Career Advancement," 2010
- Michael Starkey, "Out of the Depth: Impact of Professional Life on Therapist's Personal Life," 2010
- Michelle Trotter, "Effects of Participation in a Mindfulness-based Stress Reduction Program on College Students' Psychological Wellbeing," 2009
- Gabrielle Mauren, "Foster Placement of F.A.S. Children," 2007
- Hoelsing, Rae, (co-advisor). "Attachment Style Variables with Adolescent Offenders," 2007
- Tabitha Grier, "Qualitative Evaluation of a Multicultural Counseling Course," 2005
- Angela Scott, "Critical Incidents during the Doctoral Internship," 2004
- Robert Cowle, "Comparing Counselor and Client Views of the Working Alliance," 2003
- Laura Jarrett, "The Nature of Appreciation: The Psychology of High Cultural Appreciation," 2003
- Lolita King, "Success Patterns of African-American College Students," 2002
- Diane Strike, "Counselors' Competencies Working with Clients with Disabilities: A Self-Report Survey with a Measure of Social Desirability," 2001
- Michael Sullivan, "Master Therapists' Construction of the Therapy Relationship," 2000
- Mary Mullenbach, "Expert Therapists: A Study of Professional Resiliency and Emotional Wellness," 2000
- Kristin Anderson, "Healing the Fighting Spirit: Combining Self-Defense Training and Group

Therapy with Women Who Have Experienced Incest,” 1998

Ki-Fung Lam, “Friendship Formation in the U.S.: The Experience of Taiwanese Students,” 1997

Sung-Kyung Yoo, “Individualism-Collectivism, Attribution Styles of Mental Illness, Depression Symptomatology, and Attitudes Toward Seeking Professional Help: A Comparative Study Between Koreans and Americans,” 1996

Joyce Anis, “Psychosocial Adjustment of Americans,” 1996

Bruce Benson (co-advisor), “A Comparison of the Effects of Short-Term Small Groups and Lectures on Knowledge, Attitudes, and Behavior of Pharmacy Students Concerning Alcohol/Alcoholism,” 1996

Len Jennings, “Personal Characteristics of Master Therapists,” 1996

Madeleine Crockett, “Increasing Efficacy and Empowerment Through Helping,” 1994

Janet Schank, “Ethical Dilemmas of Rural and Small Community Psychologists,” 1994

William Cuff, “The Experience of Courage and the Characteristics of Courageous People,” 1993

David McPhee, “The Effects of Counselor Gender on Clinical Judgments of Role-Incongruent Male Clients,” 1993

James Sipe, “Balancing Work and Family: How the Family Structure of Dual-Earner Mothers Affects Workplace Absenteeism and Medical Utilization,” 1990

Kevin Harrington, “Personal Characteristics of Diplomates Defined as Master Therapists,” 1988

Mario Rivas, “An Exploratory Study of a Group Intervention for Underprepared Minority University Students,” 1988

Dwight Moore (co-advisor), “An Investigation of Changes in Affective Expressiveness in Men as a Result of Participation in a Multimodal Psychological Intervention,” 1984

**TEACHING AND ADVISING ACTIVITIES, UNIVERSITY OF MINNESOTA,
1977 – PRESENT**

Graduate Courses:

Doctoral Seminar: Advanced Counseling Theory & Research and Ethics

Advanced Counseling Practicum

Professional Resiliency for the Helping, Education and Health Professions

M.A. Practicum

Doctoral Supervision Practicum

Psychological Assessment of Adolescents and Adults

Helping Skills for Academic Advisors

Counseling Skills for Classroom Teachers

Doctoral Internship Seminar

Master's Internship Seminar

Counseling Procedures

Counseling and Psychotherapy Interventions with Men

Career Development: Organizational Interventions and Programs

Career Development: Theory and Counseling Applications

Graduate Teaching Internship

Social and Cultural Foundations of Counseling

Supervision in the Human Service Professions

Landmark Issues in Educational and Counseling Psychology

Undergraduate Courses:

Interviewing

Mental Health: Principles and Practices

Adolescent Development

Career Planning

Thomas M. Skovholt - 32

Community Service Internship

Psychology Applied to Aging

Psychology of Management

Rehabilitation Process

Psychology Applied to Human Affairs

Behavior Problems of Children