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## **Education**

**Doctor of Education, Counselor Education**, Minnesota State University, Mankato  
Mankato, MN  
May 2013  
Department of Counseling & Student Personnel (CACREP-accredited)

**Master's of Business Administration**, University of Minnesota  
MBA Candidate  
Carlson School of Management

**Master's of Science, School Counseling**, Minnesota State University, Mankato, MN,  
May 2009  
Department of Counseling and Student Development (CACREP-accredited)

**Bachelor of Science, Education**, Iowa State University, Ames, IA,  
December 2004  
Majors: History and Secondary Education

## **Certifications and Licenses**

2018-Present American School Counselor Association School Counseling Leadership  
Specialist  
2014-Present Approved Clinical Supervisor (ACS01691)  
2014-Present Licensed Professional Counselor Supervisor: Minnesota (#1430)  
2013-Present Licensed Professional Clinical Counselor: Minnesota (#02388)  
2009-Present National Certified Counselor (#254515)  
2009-Present K-12 Licensed School Counselor: Minnesota (#433907)  
2004-Present 7-12 U.S. and World History Teacher: Iowa (#364160)

## **Professional Teaching Experience**

### **Primary Teaching Experiences**

2022-Present **Associate Professor of Teaching**  
**Program Coordinator (2023-2024)**  
**Director of School Counseling and Director of Clinical Training**  
**(2013-2018 Lecturer; 2018-2019 Senior Lecturer; 2019-2022 Associate**  
**Professor of Teaching)**  
*Department of Educational Psychology, Counselor Education (Formerly CSPP),*  
*University of Minnesota, Minneapolis, MN*

- Coordinated Counselor Education (CE) meetings, graduate assistants, oversaw hiring, accreditation, and collaborated with CE faculty, Educational Psychology faculty, and CEHD faculty.

- Promoted CE program at American Psychological Association Career Fairs as well as University of Minnesota Graduate Program Career Fairs
- Administrator to all Counselor Education master's students at their practicum and internship sites
- Recipient of the 2016 College of Human Development New Career Excellence Award
- Recipient of the 2024 NCACES Outstanding Professional Teaching Award
- Coordinator with licensing boards at the state and national levels
- Advisor and supervisor to 27+ master's students in the CE program
- Coordinate quarterly meetings with MN School Counselor Training Directors
- Panelist of the University of Minnesota Campus Committee of Student Behavior for 3 years
- Assistant Professor for courses within the Counseling and Student Personnel Psychology program: Child and Adolescent Development and Counseling, Child and Adolescent Family Issues, Internship I, Internship II, Case Conceptualization, Evidence-based Counseling Skills, Practicum I, Practicum II, Intro to School Counseling, Career Counseling, and Crisis & Consultation in the Schools
- Began and maintain a resource sharing drive for all Masters students to share lesson plans, presentations, and staff development programs
- Conducting and presenting research with several student's groups at state and national conferences
- Develop and coordinate research groups with master's students in the program that lead to presentations and publications
- Nominated **seven** student winners of the Minnesota School Counseling Association Potential School Counselor of the Year Award: 2015, 2016, 2017, 2019, 2020, 2021 and 2022.
- Nominated 2023 winner of the Minnesota School Counseling Association Elementary School Counselor of the Year Award and the 2020 Middle School Counselor of the Year Award
- Organizer of resume, interview, and licensure workshops for masters and doctoral students
- Coordinator of workshops for Licensed Professional Counselor (LPC)/Licensed Professional Clinical Counseling (LPCC) licensing, practicum, internship, interviewing, and resume building
- Developed independent study for assessment in the schools for Master level student
- Committee Member for 3 doctoral students for their dissertation
- Co-Advisor for doctoral student in Counseling Student Personnel Psychology
- Mentor for doctoral student for the MinnLINK Fellowship
- Developed and coordinates School Counseling Alumni Networking
- Supervise master's students applying for Licensed Alcohol Drug Counseling Licensure
- Coordinated with administered staff to continually update CE website
- Guest lecturer for: EPSY 5741: Student Teaching: Academic and Behavioral Strategist, FSOS 2101 Preparation for Working with Families, and EPSY 5613: Foundations of Special Education.
- Organizer of community service project to give back to the community programs with each master's level class
- Revised courses, created courses, and curriculum planning for CACREP accreditation for school counseling and mental health counseling tracks

2012-2013      **Instructor, CSP 682: Practicum: Professional School Counseling**  
*Counseling and Student Personnel, Minnesota State University, Mankato*  
*Mankato, MN*

- Supervised and taught school counseling interns while they are working within K-12 school settings
  - Provided feedback and group facilitation to students as well as explored ethical and diversity considerations of working in schools at different levels
- 2012-2013      **Instructor, CSP 683: Internship I: Professional School Counseling**  
*Counseling and Student Personnel, Minnesota State University, Mankato  
Mankato, MN*
- Taught counseling interns intermediate counseling skills and facilitating feedback discussions
  - Helped students explore their individual theoretical perspectives and apply it to their work in the schools
- 2010-2013      **Instructor, CSP 645: Counseling Procedures and Skills I**  
*Counseling and Student Personnel, Minnesota State University, Mankato  
Mankato, MN*
- Instructed counseling skills and techniques to master's students in school counseling, clinical mental health counseling, marriage and family counseling, and student affairs
  - Evaluated students' level of counseling skills through video recordings and related techniques to counseling theories
- 2012              **Instructor, CSP 470/570: Group Procedures**  
*Counseling and Student Personnel, Minnesota State University, Mankato  
Mankato, MN*
- Designed a course to aid students develop an understanding of group development and group dynamics
  - Evaluated student learning as students experienced group dynamics and group leadership
- 2011              **Instructor, CSP 471: Interpersonal Helping Skills**  
*Counseling and Student Personnel, Minnesota State University, Mankato  
Mankato, MN*
- Taught undergraduate and graduate students effective listening and interviewing skills
  - Assessed students interviewing skills through video and live evaluations, as well as educating students on giving critical feedback to peers
- 2010              **Instructor, SAS 200: Student Academic Services**  
*Student Academic Services, University of North Carolina at Greensboro,  
Greensboro, NC*
- Taught undergraduate students on academic probation strategies for academic, professional, and personal success
  - Explored student's past successes and use classroom to empower students to take greater responsibilities
- 2008-2009      **Instructor, CSP 110: Decision Making in Career and Life**  
*Department of Counseling and Student Personnel, Minnesota State University,  
Mankato, Mankato, MN*
- Instructed an undergraduate course educating student about career and life choices
  - Created lesson plans using experiential learning activities that encouraged students to be active in their learning and decision-making processes
  - Interpreted and administered an assortment of interest and personality assessments

- 2005-2007      **U.S. and World History Instructor**  
*Ventura Community Schools, Grades 7-12, Ventura, IA*
- Instructed courses in Geography, World History, and Global Perspectives in the regions of Africa, the Middle East, Europe, the Americas, and Asia

### **Other Teaching Experiences**

- 2022-2024      **Supervisor Workshop Instructor for the I-Rise Grant**  
*University of Minnesota, Center for Practice Transformation*
- Provided instructional workshops for BIPOC counselors in clinical mental health that are pursuing certification to supervise LPC/LPCC counselors
- 2011-2012      **Coordinator: 10-12 Grade Homeroom Activities**  
*Shakopee High School, Shakopee, MN*
- Organized activities for school wide homerooms that emphasized college readiness, team building, and improving academic learning
- 2010-2011      **Instructor: ACT Prep Course**  
*Shakopee High School, Shakopee, MN*
- Educated high school students on topics such as college readiness, the ACT test, scholarships, financial aid, and stress reduction.
- 2007-2009      **Graduate Teaching Assistant**  
*Professional Education Department, Minnesota State University, Mankato, Mankato, MN*
- Taught and administered writing assessments to all undergraduate and graduate students seeking admission into the Professional Education Department
  - Instructed students in writing improvements through the Center for Academic Success
- 2007-2009      **Part-Time Teacher**  
*Sylvan Learning Center, North Mankato, MN*
- Taught students of all ages in areas of academic writing, reading, math, study skills, and beginning reading
- 2007-2008      **Substitute Teacher**  
*Mankato Public Schools, Mankato, MN*
- Facilitated English as a Second Language and special education classes
  - Instructed on various subjects in kindergarten-sixth grade classrooms
- 2008-2009      **Educational Talent Search Curriculum Development**  
*Team Member, Minnesota State University, Mankato, MN*
- Developed Career Exploration Curriculum for 6-12 grade students
  - Created College Club Curriculum for 7-12 grade students

### **Counseling Experience**

- 2021-Present      **Therapist/Licensed Professional Clinical Counselor/Owner**  
*Next Adventure Counseling and Consulting, Edina, MN*
- Providing direct clinical services to individuals, families, and couples on a variety of presenting concerns

- Utilizing evidenced-based interventions/protocols when evidence supports a modality for maximizing outcomes for a specific diagnoses/population
- Confidently establishing a therapeutic relationship and provide ongoing mental health treatment within the scope of practice
- Coordinate billing, insurance contracts, credentialing, and payroll for the group therapy practice
- Maintaining records for business operation and supervising practitioners

**2018-2022 Therapist/Licensed Professional Clinical Counselor**

*Twin Cities Therapy and Counseling Associates, Golden Valley, MN*

- Providing direct clinical services to individuals, families, and couples on a variety of presenting concerns
- Utilizing evidenced-based interventions/protocols when evidence supports a modality for maximizing outcomes for a specific diagnoses/population
- Confidently establishing a therapeutic relationship and provide ongoing mental health treatment within the scope of practice

**2011-2013 School Counselor**

*Shakopee High School, School Counselor, Shakopee, MN*

- Provided counseling services to students in grades ten through twelve
- Developed academic success plans and aided students in becoming college bound or work force ready
- Coordinated registration, parents' nights, financial aid nights, and college fairs for students and families

**2012 Summer School Dean**

*Shakopee High School, Dean, Shakopee, MN*

- Supervised students who were working on credit recovery
- Organized staff and classes for students grades 9-12

**2010-2011 Student Progress Advisor**

*Shakopee High School, School Counselor, Shakopee, MN*

- Counseled students who are considered in academic jeopardy
- Worked closely with 150 students, parents, guardians, teachers, and administration to help student be more academically successful
- Provided strategies and techniques for students to be more academically successful, as well as recover credits

**2010 In-patient Counselor**

*Moses Cone Behavioral Health: Adolescent and Child Unit, Greensboro, NC*

- Provided counseling services to children, adolescents, and families
- Interviewed parents and guardians to complete psychosocial assessments
- Facilitated group counseling to children and adolescent groups
- Completed progress notes for patient's charts
- Provided familial family sessions and discharge sessions for patients and families

**2010 Grief Counselor**

*Heartstrings Infant Loss Support, Greensboro, NC*

- Provided group counseling services to adults who had lost a child under the age of one

**2009-2010 Volunteer Counselor**

*Vacc Counseling and Consulting Clinic, Greensboro, NC*

- Provided individual counseling to students who have been referred for student academic services

2008-2009      **Professional School Counseling Intern**

*Cleveland Public Schools, Cleveland, MN*

- Completed 800 hours experience counseling students in K-12 setting
- Facilitated group counseling
- Provided developmental guidance lessons on friendship, self-esteem, anger management, peer mediation, and career exploration
- Interpreted PLAN, ACT, ASVAB, and other assessments
- Led student activity groups: 7<sup>th</sup> Grade Homeroom and 7<sup>th</sup> Grade Orientation for students, parents, and guardians

2008-2009      **Intern Liaison**

*Partners in Career Exploration, Mankato, MN*

- Provided one-on-one career counseling to high school students
- Assisted in student development of career portfolios and plans

2008-2009      **Educational Talent Search Liaison**

*Educational Talent Search, Minnesota State University, Mankato, MN*

- Provided on-site counseling at summer camp for first generation students
- Worked with students in grades 6<sup>th</sup> through 8<sup>th</sup> on developing career and academic goals

**Clinical Supervision**

2015-Present      **Licensed Professional Counselor Supervisor (MN)**

*State of Minnesota*

- Supervise practicing school counselors and mental health counselors who are applying and completing licensure requirements for Licensed Professional Counselor Licensure, Licensed Professional Clinical Counselor, or applying for Licensed Professional Clinical Counselor through the Conversion Method
- Collaborate with supervisees on school projects, like RAMP-UP school status
- Aid advisees with research projects analyzing their student data and school programming

2011-2013      **Mentor**

*Shakopee High School, Shakopee, MN*

- Advised and aided a new counselor in the high school setting
- Participated in mentor training and interactive activities with the mentor
- Provided feedback and supervision to the mentee

2009-2010      **On-Call Clinic Supervisor**

*The University of North Carolina at Greensboro, Greensboro, NC*

- Served as on-call supervisor for Vacc Counseling and Consulting Clinic

2009-2010      **Practicum Supervisor**

*The University of North Carolina at Greensboro, Greensboro, NC*

- Career Counseling
- Counseling Diverse Populations

- Helping Relationships and Counseling Theories and Practice
- Substance Abuse Counseling
- Practicum in Counseling: School Certification
- Developmental Counseling
- Diagnosing and Treatment Planning in Counseling

### **Consultation**

#### **2023-Present Consultant**

##### *Anoka-Hennepin Community School District*

- Coordination of 6-12 school counseling programming and services
- Collaborated with school counselors and district leadership to develop 6-12 school counseling standards, data collection, and presentations to stakeholders
- Created pre/posts tests to align with curriculum, coordinated development of mission and vision statements, annual calendars, and curriculum mapping to align with American School Counselor Association (ASCA)

#### **2021-Present Executive Coach**

##### *R3 Continuum*

- Coach executives and professionals to promote work/life balance
- Help clients identify and achieve goals

#### **2021-Present RAMP Reviewer**

##### *American School Counselor Association*

- Review school counseling program's Recognized ASCA Model Program applications
- Determine if programs meet the ASCA standards for RAMP and write feedback for programs to achieve RAMP status

#### **2019-Present Consultant**

##### *Osseo Community School District*

- Coordination of K-12 school counseling programming and services
- Developed mission, vision, goals, and objectives for K-12 counseling program and individual building counseling programs
- Collaborated with school counselors and district leadership to develop K-12 school counseling standards, data collection, and presentations to stakeholders
- Provided consulting for school counseling programs to apply for national recognition of their programs through the American School Counseling Association
- Supported 9 school counseling programs to Recognized ASCA Model Program (RAMP) Distinction

#### **2019-2020 Editor**

##### *Minnesota Department of Education*

- Edited and revised the Counselor's Companion on Working with Refugee Students and Families
- Coordinated school counselors to write and edit manual

2016-2020      **Consultant**

*Bloomington Community School District*

- Coordinated 6-12 school counselor programming and professional learning community
- Developed mission, vision, goals, and comprehensive school counseling program for grades 6-12 across five school buildings
- Collaborated with school counselors and district leads to reorganize school counselor and district resources
- Provided consultation and professional development to all school counselors around areas of consultation, the ASCA National Model, and data collection

**Research**

2017-Present      **Reviewer**

*National Youth At-Risk Conference*

2016-2020      **Reviewer**

*Sage Open*

2016-2020      **Reviewer**

*Journal of Applied Research on Children*

2010-2012      **Research Assistant**

*Minnesota State University, Mankato, Mankato, MN*

- Researched various topics, complete literature reviews, and help develop research studies with faculty

2009-2010      **Wellness Research Team Member**

*The University of North Carolina at Greensboro, Greensboro, NC*

- Developed research questions and studies to improve research on wellness

2008-2009      **7-12 School Needs Assessment**

*Cleveland Public Schools, Cleveland, MN*

- Generated research questions related to students' needs
- Developed and administered a needs assessment to all students in grades 7-12
- Compiled, analyzed, and synthesized data
- Reported study results to the K-12 counselor and principal

2007-2009      **Graduate Assistant**

*Professional Education Department, Minnesota State University, Mankato, MN*

- Collected and compiled student data for Professional Education research

**Conference Presentations**

**Ohrtman, M.,** Collins, D., Kalmoe-Smith, K., Roney, C., & Richels, K. (2024) ASCA-Aligned Programs: Moving your District Forward. Presentation at the Minnesota School Counselor Association Annual Conference, Duluth, MN.



**Ohrtman, M.,** Berger, C., Peed, T., & Roney, C. (2024). Empowering School Counselors: Advocacy Strategies and Tools for Effective School and District-Level Engagement. Presentation at the Minnesota School Counselor Association Annual Conference, Duluth, MN.

**Ohrtman, M.** & Shanks, L. (2024). Bridging Mental Health and School Counseling: A Guide to LPC and LPCC Licensure. Presentation at the Minnesota School Counselor Association Annual Conference, Duluth, MN.

Berger, C., **Ohrtman, M.,** & Keogh, L. (2024). Enhancing School Counseling Programs: Fostering Leaders and Social Justice Advocates. Presentation at The Evidence-Based School Counseling Conference, Online.

Nelson, A. & **Ohrtman, M.** (2023). Disruptive Mood Dysregulation Disorder: How school counselors can help. Presentation at the annual conference of the Minnesota School Counselor Association Conference, Mankato, MN.

**Ohrtman, M.,** Berger, C., & Keogh, L. (2023). Supervising school counseling interns in 2023 and beyond. Presentation at the annual conference of the Minnesota School Counselor Association Conference, Mankato, MN.

**Ohrtman, M.,** Zamora, A., Eckrose, A., & Viscarra, K. (2023). Social media and technology supports students with anxiety. Presentation at the annual conference of the Minnesota School Counselor Association Conference, Mankato, MN.

**Ohrtman, M.** & Berger, C. (2023). Supervision and remediation: Connecting the work into practice. Presentation at the bi-annual conference of the Association for Counselor Education and Supervision, Denver, CO.

**Ohrtman, M.,** Mehr, D., Cliff, T., Paige, J., & Hensgen, A. (2023). Student Personnel Panel. Presentation at the annual conference of the Minnesota School Psychology Association, Plymouth, MN.

**Ohrtman, M.** & Berger, C. (2022). Best Practice in Supervision. Presentation at the annual conference of the Minnesota School Counselor Association, Mankato, MN.

**Ohrtman, M.,** King, E., Mills, T., & Steedman, A. (2022). Don't Scroll Past: School Counselors as Social Media Influencers. Presentation at the annual conference of the Minnesota School Counselor Association, Mankato, MN.

**Ohrtman, M.,** Lund, R., Willis, C., Steinback, K. & Larson, L. (2021). School Counseling Side Hustles: Stepping Out of the Comfort Zone. Presentation at the annual conference of the Minnesota School Counselor Association, Virtual Conference.

**Ohrtman, M.** & Arvidson, S. (2021). RAMP Camp 101. Presentation at the annual conference of the Minnesota School Counselor Association, Virtual Conference.

**Ohrtman, M.** & Shanks, L. (2020). Bridging Mental Health and School Counseling: A Guide to LPC and LPCC Licensure. Presentation at the annual conference of the Minnesota School Counselor Association, Virtual Conference.

- Ohrtnan, M.** (2019). Effects of Social Media on Students. Presentation at the Minneapolis Metro School Counselor Association Fall Conference, Minneapolis, MN.
- Ohrtnan, M.,** Fabry, B., Maxfield, A., & Arvidson, S. (2019). Social Media Impact on Elementary Students. Presentation at the annual conference of the American School Counselor Association Annual Conference, Boston, MA.
- Ohrtnan, M.,** Fabry, B., Maxfield, A., & Arvidson, S. (2019). Impact of Social Media on Elementary Students. Presentation at the annual conference of the Minnesota School Counselor Association, St. Paul, MN.
- Cigrand, D., Berger, C., & **Ohrtnan, M.** (2019). Collaborating with School-Based Mental Health Services. Presentation at the annual conference of the Minnesota School Counselor Association, St. Paul, MN.
- Berger, C., Galuska, B., **Ohrtnan, M.,** & Arvidson, S. (2018). Building Research-Informed School Counseling Programs: A School District-University Collaboration. Presentation at The Evidence-Based School Counseling Conference, Columbus, OH.
- Ohrtnan, M.,** Berger, C., Schmitz, B., & Galuska, B. (2018). RAMP and Your Counseling Program. Presentation at the Osseo School Counselors Fall Retreat, Maple Grove, MN.
- Ohrtnan, M.,** Berger, C., Schmitz, B., & Galuska, B. (2018). ASCA 101. Presentation at the fall conference of the Lakes Area Counseling Association, Edina, MN.
- Berger, C. & **Ohrtnan, M.** (2018, July). Revitalize your elementary college and career readiness program. Presentation at the annual conference of the American School Counselor Association, Los Angeles, CA.
- Cranberg, E., **Ohrtnan, M.,** Lyu, Y., Anders, C., & Wandschneider, D. (2018, May). Row your boat: Self-care and resiliency for school counselors. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.
- Ohrtnan, M.** & Berger, C. (2018, May). Ethical issues in counseling supervision. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.
- Hansen, M., Vogel, M., Zhu, J., & **Ohrtnan, M.** (2018, May). Weathering the storm: Helping students and families benefit from the Minnesota family investment program. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.
- Chen, C., Utterberg, M., & **Ohrtnan, M.** (2017, May). (Don't) Feel the burnout: The relationship between school counselor grit and self-care. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.
- Ohrtnan, M.,** & Berger, C. (2017, May). The real world of being a supervisor: Training the best school counselors. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.
- Depuydt, J., Keogh, L., & **Ohrtnan, M.** (2016, May). Making the most of your counseling space. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

Cronin, S. & **Ohrman, M.** (2016, May). Improving the achievement gap. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

Colton, E., Cronin, S., & **Ohrman, M.** (2016, May). Use your “noodle” when you use google. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

Cronin, S., & **Ohrman, M.** (2015, October). What makes a good supervisor?: Supervision activities and the supervisory working alliance. Poster presentation at the annual conference of the Association for Counselor Education and Supervision (ACES), Philadelphia, PA.

**Ohrman, M.**, Cronin, S., Depuydt, J., Colton, E., Crouse, B., Rinn, M., & Merwin, C. (2015). Call me Maybe...? Communicating with Parents in 2015. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrman, M.**, Colton, E., Tealey, E., & Fournier, R. (2015). Aromatherapy: Using “Scents” in Counseling. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrman, M.**, Zabinski, R., Woyno, L., Torgerson, E., Thuen, M., & Pineda, B. (2015). The American Dream for Immigrant Students. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrman, M.**, Kapusniak, A., & Gerster, A. (2015). Technology 2.0: Students and Social Media. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrman, M.** (2014, October). At-Risk Students and the College Experience: Are We Training School Counselors to be Effective? Presentation at the annual conference of the North Central Association for Counselor Education and Supervision, St. Louis, MO.

**Ohrman, M.**, Brockberg, D., & Sinnen, B. (2014). Aftermath of Deployment: Implications for Military Children. Presentation at the annual conference of the Minnesota Psychological Association, Minneapolis, MN.

**Ohrman, M.**, Johnson, T., & Hannam, A. (2014). Clinical Supervision in School Counseling. Presentation at the annual conference of the Minnesota Psychological Association, Minneapolis, MN.

**Ohrman, M.**, Semple, K., & Jacobsen, J. (2014). Crisis Go-Kits: Plan for the Unplanned. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrman, M.**, Sinnen, B., & Brockberg, D. (2014). Helping Military Children Move Forward. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrman, M.**, Cahill, M., Gooch, D., & Semple, K. (2014). Technology: What’s with Kids Today? Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrtman, M.,** Osthus, S., Sprouse, M., & McGuire, K. (2014). Experiencing Healing through Adventure Therapy. Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN.

**Ohrtman, M.,** Hannam, A., & Johnson, T. (2014). So I've Got an Intern... Now What? Presentation at the annual conference of the Minnesota School Counselor Association, Brainerd, MN

**Wentzel, M.** (2012). Teaching School Counselors to Reach At-Risk Students. Presentation at the annual conference of the North Central Association for Counselor Education and Supervision, Kansas City, MO.

**Wentzel, M.** & Kortuem, S. (2012, May). Break the Chain: Helping At-Risk Students Succeed. Presentation at the annual conference of the Minnesota School Counseling Association, Brainerd, MN.

**Wentzel, M.** (2010, October). What does Adlerian counseling look like? Presentation at the annual conference of the North Central Association for Counselor Education and Supervision, Itasca, IL.

Clarke, P., & **Wentzel, M.** (2010, March). Promoting wellness in your CSI chapter. Presentation at the annual conference of American Counselors Association, Pittsburgh, PA.

**Wentzel, M.,** & Giordano, A. (2010, February). Advocating for adolescent clients: A look at Adlerian counseling. Presentation at the annual conference of North Carolina Counselors Association, Concord, NC.

**Wentzel, M.,** & Horton, E. (2009, November). Enhancing cultural competence in schools. Presentation at the annual conference of North Carolina School Counselors Association, Greensboro, NC.

**Wentzel, M.,** & Notestine, L. (2009, September). Self-care: The key to graduate school. Presentation at the annual conference of the Licensed Professional Counselor Association of North Carolina, Cary, NC.

**Wentzel, M.,** Corbin, S., Auger, R., & Pepperell, J. (2009, May). Building cultural bridges: Strategies to improve your school's cultural competence. Presentation at the annual conference of Minnesota School Counseling Association, Brainerd, MN.

### **Publications**

**Ohrtman, M.,** & Heltner, E. (Eds.). (2019). Contemporary Case Studies in School Counseling. New York, NY, Rowman and Littlefield.

Cronin, S., **Ohrtman, M.,** Colton, E., Crouse, B., Depuydt, J., Merwin, C., & Rinn, M. (2018). School counselor technology use and school-family-community partnerships. *Journal of School Counseling*.16(6).

**Ohrtman, M.,** Cronin, S., Torgerson, E., Thuen, M., & Colton, E. (2016). Perceptions of effectiveness of school counselors with former graduates in a TRIO College Program. *Journal of Applied Research on Children*.7(1).

**Ohrtman, M., & Preston, J.** (2015). An investigation of the relationship between school failure and at-risk students' general self-efficacy, academic self-efficacy, and motivation. *Journal of At-Risk Youth*, 18(2).

**Ohrtman, M. & Cronin, S.** (Winter 2014). Know the facts on bullying prevention. *Guidelines*, Minnesota School Counselor Association Newsletter.

**Ohrtman, M. & Cronin, S.** (Fall 2014). School, Family, and Community Partnerships. *Guidelines*, Minnesota School Counselor Association Newsletter.

**Wentzel, M. Assistant Editor.** (2009, Fall & 2010, Spring). *The CED Connection*. Department of Counseling and Educational Development, The University of North Carolina at Greensboro.

**Wentzel, M.** (2008, Spring). *Enid Smalle Scholarship*. College of Education Newsletter, p. 4, Minnesota State University, Mankato, MN.

**Wentzel, M.** (2008, Spring). *How to have adventures with your education*. College of Education Newsletter, p. 4, Minnesota State University, Mankato, MN.

**Wentzel, M.** (2008, Spring). *Taking a walk on the adventurous side*. College of Education Newsletter, p. 12, Minnesota State University, Mankato, MN.

**Wentzel, M.** (2008, Fall). *Dr. Roberts and animal assisted therapy*. College of Education Newsletter, p. 1, Minnesota State University, Mankato, MN.

### **Media Publications**

Ohrtman, M. (September 9th, 2024). Restricting cell phone use in schools. MPR. Retrieved from <https://www.mprnews.org/episode/2024/09/06/restricting-cell-phone-use-in-schools>

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### **Professional Service and Leadership**

2024-Present    **Student Leadership Council, University of Minnesota, Carlson School of Management**

- Served as the Alumni Director for the Student Leadership Council

- Organized alumni and student events throughout each school year
- Provide advice and support to the Carlson School Administration
- Coordinate events for current students to engage with classmates and faculty

**2013-Present Educational Psychology Department, University of Minnesota**

- Served on the Steering Committee for Educational Psychology with program leads and department chair
- Former Chair of the Education Psychology Department Awards
- Served on the Faculty and P & A Development and Recognition Committee 2019-2020
- Committee member for Master student thesis in Curriculum and Instruction and School Psychology
- Serving on the Campus Committee for Student Behavior at the University of Minnesota
- Served on search committee to find new personnel for the CSPP/CE program
- Served on Educational Psychology New Chair Search Committee
- Department Volunteer for the 2017, 2018, and 2019 CEHD Community Fund Drive; Organized Department CFD Silent Auction
- Strategic Hiring Committee Task Force Member

**2019-2021 Minnesota School Counseling Association, President and Past President**

- Led organization of 800+ school counselors across the state of Minnesota
- Coordinated an annual conference of over 600+ participants, exhibitors, and sponsors
- Facilitated board meetings, coordinated board committees, and leadership development presentations for board members
- Balanced and reconciled budgets for the association
- Directed services and contracts with the association's Association Management Firm
- Organized and coordinated services and reports with lobbying firm
- Developed advocacy work at the state level, including organizing a Day on the Hill for school counselors with state legislators
- Connected members with the governor's office through presentations and telecommunications about distance learning
- Provided resources to members for anti-racist work in the schools
- Collaborated with the Minnesota Department of Education and the Minnesota Education Association
- Represented Minnesota as a delegate for the American School Counselor Association
- Connected Education Minnesota with the Minnesota School Counselor Association to provide more support for school counselors in the state
- Collaborated with the American School Counselor Association to have national representation at the Minnesota School Counselor Association Conference and Day on the Hill
- Wrote bi-monthly newsletters for association members
- Coordinated MN Governor's Proclamation for Minnesota School Counselors Week
- Presented at regional school counselor association meetings
- Promoted association events, publications, and member news through media platforms

**2018-2019 Minnesota School Counseling Association, President-Elect**

- Performed such duties as may be directed by the Bylaws and/or Governing Board.
- In the absence of the President, assume the role of the President with all of its authority and responsibility.



- Prepared for the Presidential year by working closely with the President so as to be knowledgeable about the issues and actions of the organization to facilitate smooth transition of leadership.
  - Facilitated collaboration among the ten division presidents to unify the work of the division boards
  - Coordinated statewide elections for the organization
  - Judged scholarship and award applications
- 2019-Present     **ACES Proposal Reviewer for Bi-Annual Conference**
- 2014-2018     **Minnesota School Counseling Association, VP of Post-Secondary Institutions; Lakes Area Counseling Association President**
  - Board member who develops represents all school counseling programs in the states and coordinates with directors as well as graduate students in all programs for the organization
  - Serve on committees throughout the organization
  - Attend meetings to develop strong school counseling programs as well as advocate for the profession at the state level
  - Mentor to first year professional in school counseling in the state by providing resources and support throughout his or her first year in the profession
  - Coordinate the MSCA Mentor/Mentee program for new professionals in the state to connect with MSCA Board Members
- 2013-2020     **Minnesota Association of Training Directors of Psychology Programs, Member**
  - Attend meetings with all directors of community counseling across the metro area
  - Create networking and collaboration across programs
  - Plan practicum fairs for graduate students looking for internship sites
- 2015-2016     **Guidelines Editor for Minnesota School Counseling Association**
  - Develop 3 newsletters a year for Minnesota school counselors
  - Collaborate with MSCA Board members on article topics and writings
  - Distribute Guidelines Newsletter to school counselors across Minnesota
- 2014-Present     **Partnering with the Minnesota Department of Human Services and Hennepin County Foster Care Programs**
  - Collaborate with leaders from the organizations to provide better services to adolescents in foster care attend post-secondary education
  - Mentor current master's students to help provide services to these adolescents through workshops, pamphlets, and workbooks that may be used across all counties in Minnesota
  - Develop procedures to aid foster care participants with obtaining Education and Training Vouchers
  - Conduct a focus group of master's students to review essays written by foster care students in college settings
- 2014     **NCACES Proposal Reviewer for 2014 Bi-Annual Conference**

- 2014                    **American Counselor Association Mentor**
- Provide mentorship for counseling graduate students and newer counseling professionals who have graduated within the past year to help develop interests and professional goals
- 2014                    **Minnesota School Counseling Association Mentor**
- Provide mentorship for counseling graduate student who have graduated within the past year to help develop interests and professional goals in the state of Minnesota
- 2010-2021           **Lakes Area Counseling Association, President and Finance Chair, Former Membership Chair (2010 to 2016)**  
*Division of Minnesota School Counseling Association*
- Supervise and organize board members representing region of the state
  - Represent Lakes Area School Counselors at the state level
  - Develop and prepare professional development opportunities for school counselors
  - Create networking opportunities for school counselors in region
  - Board member in charge of encouraging and maintaining membership with the association for the metro area, as well as organizing workshops for school counselors within the state
  - Lead coordinator for the annual Minnesota School Counselor Association Conference in 2014 that services over 500 of the state's school counselors
  - Organized workshops for area counselors on topics such as 504 plans, cyber-bullying, internet safety, and other various topics
- 2010-2013           **Initial Reviewer for the Council for Accreditation of Counseling and Related Educational Programs (CACREP)**
- Evaluated self-studies for counseling programs seeking accreditation from CACREP
  - Offered feedback to programs to improve programs and meeting the needed standards developed by CACREP
- 2009-2010           **Professional Conference Chair and Professional Development Chair, Chi Sigma Iota, Upsilon Nu Chi Chapter**  
*The University of North Carolina at Greensboro, Greensboro, NC*
- Provided Upsilon Nu Chi members with access to information on professional counseling conferences at local, state, regional, and national levels
  - Liaison to the Department of Counseling and Educational Development for implementation of receptions at national and state counseling associations conferences
  - Facilitated and organized alumni reception at the American Counselor Association Conference in Pittsburg, PA

### **Volunteer Experiences**

- 2023-Present       **Fun Run Coordinator**  
Oak View Elementary

- Coordinate, organize, and develop fundraising for the annual Fun Run at Oak View Elementary, raising funds \$40,000 in funds
- 2022-Present    **Parent Teacher Organization Board Member and Secretary**  
*Oak View Elementary*
  - Organize and lead fundraising events: Fun Run, BINGO Nights, etc
  - Coordinated the 2022 Fun Run; raising over \$37,000 for the school
  - Provide notes and feedback during board meetings
- 2020-Present    **Panelist for Anti-Racist Presentations**  
*Nationally*
  - Presented Proactive School Counseling: Turning Awareness Into Action
  - Presentations to over 40,000 educators, counselors, and administrators across the United States
- 2017-Present    **University of Minnesota Community Drive Education Psychology Leader**  
*Twin Cities Area*
  - Represent Educational Psychology as a volunteer for college-wide initiative
  - Develop and organize promotions for the department
- 2014-Present    **No Dog Left Behind Volunteer**  
*Twin Cities Area*
  - Volunteer with animal rescue group as a foster dog parent as well as support the organization through various events throughout the year
- 2013-2018        **Feed My Starving Children Volunteer and Event Coordinator**  
*University of Minnesota, CSPP Program*
  - Coordinated graduate students to volunteer and donate to the Feed My Starving Children organization each year as CSPP community service event, as well as participated in the event with students
- 2011-2013        **Response to Intervention, Team Member**  
*Shakopee High School, Shakopee, MN*
  - Member to help identify and provided interventions for students who are academically at-risk
- 2010-2013        **STRIVE Program, Rotary Club of Shakopee**  
*Shakopee High School, Shakopee, MN*
  - High School liaison to Rotary Club that provided educational experiences and scholarships to students who are seniors in academic jeopardy
- 2007-2009        **Student Representative for Counseling and Student Personnel Program**  
*Student Advisory Council, Mankato, MN*
  - Elected Liaison for master's students in school counseling and faculty
- 2008-2009        **Coordinator, Mentor Program**  
*Minnesota State University, Mankato, MN*
  - Examined incoming student files and matched each with 2<sup>nd</sup> year student mentors

- 2006-2007      **Squad Coach, Competition Cheer**  
                          *Ventura Community School District, Ventura, IA*
- Coached Iowa Champion Competition Cheer Squad
- 2006-2007      **Team Member, Professional Development**  
                          *Ventura Community School District, Ventura, IA*
- Developed Character Education Programs for K-12 Classrooms
- 2006-2007      **Choreographer**  
                          *Ventura Community School District, Ventura, IA*
- Choreographed school musical “You’re a Good Man Charlie Brown”
  - Worked with students in 9<sup>th</sup> through 12<sup>th</sup> grade to aid in their annual school production

### **Other Leadership Experiences**

- 2006              **Group Leader, EF Educational Tour**  
                          *Italy & Greece*
- Led group of families through Italy, Greece, and Grecian Islands
- 2002-2004      **Alpha Gamma Delta Sorority Member**  
                          *Iowa State University, Ames, IA*
- Vice President of Member Development
  - New Member Coordinator

### **Professional Memberships**

- American Counseling Association
- American School Counseling Association
- Association for Counselor Education and Supervision
- North Central Association for Counselor Education
- Minnesota School Counselor Association
- Minnesota Counselor Association
- Lakes Area Counseling Association